

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Series of Questions Addressed to Scholar Sheikh Ata Bin Khalil Abu Al-Rashtah,  
Ameer of Hizb ut Tahrir through his "Fiqhi" Facebook Page

### Answer to Question

## **Bio-Energy Therapy**

To Iman Thawabteh

### Question:

As-Salamu Alaikum,

I am a student studying nursing at Hebron University, our lecturer, who teaches us, has started taking courses in the field of energy therapy and wants to study it in her Masters.

But a colleague of ours has researched the subject and said that it is forbidden in Islam, but the lecturer asked him for the conclusive proof of the prohibition in Islam, because she wants to complete her studies in it, but the student was not able to bring a clear evidence from the Qur'an and Sunnah on this subject, can you please provide me with your opinion in this subject?

### Answer:

Wa Alaikum Assalamu Wa Rahmatullah Wa Barakatahu, It is not clear from the question what is meant by bio-energy therapy, and it was better for the inquirer to explain the meaning of bio-energy therapy to be able to provide the specific answer to the question

However, the introduction of prohibition in the subject makes me suspect that she is not inquiring about the physical tangible energy such as radiation energy and laser therapy for example, and radiation therapy to treat cancer whereby a high-energy rays are used or MRI: Magnetic resonance imaging) (In short it is called magnetic x-ray procedure) or so, there is no problem in using these in therapy ... but I expect that the inquirer is asking about the energy called Bio-Energy... If this is the energy in question then I say and may Allah grant us success:

According to the information we have attained on the subject of Bio-Energy Therapy, it became clear that it is a type of treatment based on a **philosophical Buddhist foundations**, its founders allege "that it is a psychophysical and spiritual therapy built on understanding the unseen effects on humans discovered by the ancient Orientalists, of which the most important is the existence of a flowing force in the universe called "Qi", or "chi" or "prana", man can derive and absorb it invisibly into his body organs to be cured from the physical incurable diseases and the prevention of mental disorders and depression, but also to gain mental influencing abilities that enables him to reach for success and change people and treat their bodies and

mentalities dramatically ... "and that the treatment mixes exercise with deception and superstition ...

**There is no doubt that such a treatment is forbidden because it is built upon philosophical foundations of Buddhism, which is contrary to Islam, and for being a type of deception and superstition...**

Just because there is no text in the Quran and Sunnah that mentions the therapy under the name Bio-Energy Therapy, it does not mean that it cannot be forbidden, **but it is enough to prove that this treatment is forbidden because it is built on the philosophical foundations of Buddhism and paganism, and it mixes exercise with deception and superstition.**

If this is the subject in question, then the answer is mentioned above, but if it is regarding a different form of energy **then please explain it clearly so that we can answer it, Allah willing.**

Your brother,

**Ata Bin Khalil Abu Al-Rashtah**

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**The link to the answer from the Ameer's Facebook page:**

<https://www.facebook.com/AmeerhtAtabinKhalil/photos/a.122855544578192.1073741828.122848424578904/445584398971970/?type=3&theater>

**The link to the answer from the Ameer on Google Plus:**

<https://plus.google.com/u/0/b/100431756357007517653/100431756357007517653/posts/6XyGrZBgmPh?pid=6253395857898386290&oid=100431756357007517653>

**The link to the answer from the Ameer on Twitter:**

<https://twitter.com/ataabualrashtah/status/701067660591767553>